

## School Refusal Assessment Scale

### **Avoidance of Stimuli Provoking Negative Affectivity**

1. How often do you have bad feelings about going to school because you are afraid of something related to school (for example, tests, school bus, teacher)?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

2. How often do you stay away from school because you will feel sad or depressed if you go?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

3. How often do you feel worse at school (for example, scared, nervous or sad) compared to how you feel at home with friends?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

### **Escape from Aversive Social or Evaluative Situations**

4. How often do you stay away from school because it is hard to speak with the other kids at school?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

5. How often do you stay away from school because you feel embarrassed in front of other people at school?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

6. How often do you stay away from school because you do not have many friends?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

### **Attention Seeking**

7. How often do you feel you would rather be with your parents than go to school?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

8. How often do you think about your parents or family when in school?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

9. How much would you rather be with your family than go to school?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

### **Tangible Reward**

10. When you are not in school during the week (Monday to Friday), how often do you leave the house and do something fun?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

11. When you are not in school during the week (Monday to Friday), how often do you talk to or see other people (other than your family)?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

12. When you are not in school during the week (Monday to Friday), how much do you enjoy doing different things (for example, being with friends, going places)?

Never	Seldom	Sometimes	Usually	Always
0	1	2	3	4

After completion of questionnaire, add all the scores in each sub scale.

Items 1, 2, 3	(Avoidance of Stimuli Provoking Negative Affectivity)
Items 4, 5, 6	(Escape from Aversive Social or Evaluative Situations)
Items 7, 8, 9	(Attention Seeking)
Items 10, 11, 12	(Tangible Reward)

Now, total score of each sub scale is then each divided by 3, for example, if a child's total scores on the sub scale of "Avoidance of Stimuli Provoking Negative Affectivity" is 9 then the mean of that sub scale would be 3.00.